

BREAKFAST BOWLS



Maple Bowl

Greek Yogurt, Coconut Granola, Banana, Maple Drizzle

Berry Bowl

Greek Yogurt, Coconut Granola, Blueberries, Raspberries, Raw Agave

Matcha Bowl

Greek Yogurt + Matcha, Banana, Strawberries, Almonds, Coconut, Chia Seeds

Peanut Butter Bowl

Greek Yogurt + Peanut Butter
Chocolate Honey Granola, Banana, Blueberries

Chocolate Strawberry Bowl

Greek Yogurt, Chocolate Honey Granola, Strawberries, Raw Honey Drizzle

SALADS



THE GROVE'S GREEN LEAF MIX: Spinach, Kale, Collard Greens, Chard, Watercress
We have identified five of the healthiest leafy greens and use them as our salad base.

Kale Quinoa

Quinoa, Chic Peas, Cucumber, Cherry Tomatoes, Kale, Parsley

Superfood Salad

Green Leaf Base, Avocado, Blueberries, Broccoli, Cauliflower, Macadamia Nuts, Apple, Apple Vanilla Vinaigrette

Forager Salad

Green Leaf Base, Blueberries, Raspberries, Almonds, Sunflower Kernels, Craisins, Raisins, Chia Seeds, Apple Vanilla Vinaigrette

Cocoa Salad

Green Leaf Base, Kale, Strawberry-Pear Slaw, Walnuts, Cacao Drizzle

Kaleifornia Kobb

Green Leaf Base, Hardboiled Egg, Avocado, Chives, Almonds, Red Wine Vinaigrette

SuperFruit Bowl

Avocado, Apple, Blueberries, Almonds, Chia Seeds, Raw Honey

Chipotle Bean Salad

Black and Kidney Beans, Chic Peas, Cilantro, Lime

TOAST

2 Pieces of Non-GMO Sprouted Grain Toast



Avocado

Chipotle Avocado Spread

Eggvocado

Chipotle Avocado & Free Range Organic Egg Spread

Peanut Butter

Peanut Butter with Banana, Chia Seeds, Raw Honey

Maple Apple

Almond Butter, Apples, Maple Drizzle

Chocolate Strawberry

Strawberries, Raw Honey, Raw Cacao, Chia Seeds

PANCAKES



Banana Pancakes

Banana, Free Range Eggs, Cinnamon, Turmeric, Flax, Chia, Coconut

Vanilla Oatmeal Pancakes

Apple Sauce, GF Oats, Free Range Eggs, Coconut Oil, Vanilla, Cinnamon, Raw Honey

Peanut Butter Protein Pancakes

Peanut Butter, Whey Protein, Free Range Eggs, Coconut Oil, Banana, Cinnamon, Walnuts



PUDDING

Topped with Fresh Berries



Chia Seed Pudding

Chia Seeds, Raw Honey, Coconut Milk, Vanilla, Coconut Nectar, Stevia

Cocoa Avocado Pudding

Avocado, Raw Cacao, Raw Honey, Coconut Milk



ORGANIC COFFEE & TEA 12oz 16oz 20oz

Coffee

Iced Coffee

Mexican Sunrise

Coffee, Nutmeg, Orange Zest

Coriander Cure

Coffee, Coriander, Lemon Zest

Golden Coffee

Coconut Oil, Honey, Turmeric, Cinnamon, Vanilla

Paleo Coffee

Grass-fed Unsalted Butter, Coconut Oil

Cocoa Coffee

Coconut Oil, Raw Honey, Cold Pressed Cacao Butter

Golden Tea

Matcha, Coconut Oil, Honey, Turmeric, Cinnamon, Vanilla

Chai Tea Latte

Black Tea, Almond Milk, Cardamom, Cinnamon, Raw Agave, Lime

Iced Green Tea Latte

Matcha (Green Tea), Almond Milk, Raw Agave, Lime

COLD PRESSED JUICE One Size

Clean Green

Apple, Pear, Spinach, Kale, Celery, Spirulina

Sweet Green

Mango, Apple, Spinach, Kale, Pineapple, Moringa

Lemonade

Lemon, Apple, Pineapple, Apple Cider Vinegar

Orange

Carrot, Orange, Papaya, Cucumber, Apple

Purple

Red Cabbage, Apple, Blueberries, Cucumber

Red

Watermelon, Beet, Carrot, Strawberry, Broccoli, Banana

SMOOTHIES 12oz 16oz 20oz

Mocha Bean

Almond and Coconut Milk, Whey Protein, Coffee, Cinnamon, Almond Butter, Coconut Oil, Avocado

Strawberry Kombucha

Kombucha, Almond Milk, Raw Agave, Strawberry, Banana

Peanut Butter Cocoa

Almond Milk, Peanut Butter, Raw Cacao, Banana

Blueberry Matcha

Almond Milk, Raw Honey, Greek Yogurt, Matcha, Cinnamon, Turmeric, Orange Zest, Blueberry, Banana

Green Pineapple

Coconut Milk, Maca, Coconut Nectar, Pineapple, Kale, Spinach, Banana

Creamy Avocado

Almond Milk, Raw Agave, Vanilla, Avocado, Banana

BONE BROTH 12oz 16oz 20oz

Buffalo's Original Bone Broth

Organic Grass-fed Beef Bones simmered with vegetables in small batches for 48 hours. Nutrient dense sipping drink packed with collagen and minerals.